## **Introduced by Senator McGuire**

## February 18, 2016

An act to amend Sections 49430, 49430.5, 49430.7, 49431, 49431.2, 49431.5, 49431.7, and 49432 of the Education Code, relating to pupil nutrition.

## LEGISLATIVE COUNSEL'S DIGEST

SB 1169, as introduced, McGuire. Pupil nutrition: competitive food service and standards.

Existing federal law establishes nutritional standards for all food and beverages other than meals reimbursed under programs authorized by the Richard B. Russell National School Lunch Act and the Child Nutrition Act of 1966 available for sale to pupils on the school campus during the schoolday.

Existing state law establishes nutritional standards for all food and beverages sold or served to pupils in elementary, middle, and high school.

This bill would update state law to conform to the federal standards. To the extent these changes would impose new duties on school districts and county offices of education, the bill would impose a state-mandated local program.

Existing law requires every public school to post the school district's nutrition and physical activity policies, in public view within all school cafeterias or other central eating areas.

This bill would, instead, require every public school to inform the public about the content of the school's local school wellness policy and make the local school wellness policy and any updates to the policy available to the public on an annual basis, thereby imposing a state-mandated local program.

SB 1169 -2-

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The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that with regard to certain mandates no reimbursement is required by this act for a specified reason.

With regard to any other mandates, this bill would provide that, if the Commission on State Mandates determines that the bill contains costs so mandated by the state, reimbursement for those costs shall be made pursuant to the statutory provisions noted above.

Vote: majority. Appropriation: no. Fiscal committee: yes. State-mandated local program: yes.

The people of the State of California do enact as follows:

- 1 SECTION 1. Section 49430 of the Education Code is amended 2 to read:
- 3 49430. As used in this article, the following terms have the following meanings:
  - (a) "Elementary school" means a school operated and maintained by a school district or county office of education that maintains any grade from kindergarten to grade 6, inclusive, but no grade higher than grade 6.
  - (b) "Middle school" means a school operated and maintained by a school district or county office of education that maintains grade 7 or 8, 7 to 9, inclusive, or 7 to 10, inclusive.
  - (c) "High school" means a school operated and maintained by a school district or county office of education maintaining any of grades 9 to 12, inclusive.
  - (d) "Full meal" means a combination of food items that meet USDA-approved School Breakfast Program or National School Lunch Program meal pattern requirements.
  - (e) "Added sweetener" means an additive other than 100 percent fruit juice that enhances the sweetness of a beverage.
  - (f) "Sold" means the exchange of food or beverages for money, coupons, vouchers, or order forms, when any part of the exchange occurs on a school campus.
- 23 (a) "Added sweetener" means an additive other than 100 24 percent fruit juice that enhances the sweetness of a beverage.

-3- SB 1169

(b) "Combination foods" means products that contain two or more components representing two or more of the recommended food groups: fruit, vegetable, dairy, protein, or grains.

- (c) "Competitive foods" means all food and beverages other than meals reimbursed under programs authorized by the federal Richard B. Russell National School Lunch Act (Public Law 113-79) and the federal Child Nutrition Act of 1966 (42 U.S.C. Sec. 1771 et seq.) available for sale to pupils on the school campus during the schoolday.
- (d) "Deep fried" means a food item that is cooked by total submersion in oil or fat.
- (e) "Elementary school" means a school operated and maintained by a school district or county office of education that maintains any grade from kindergarten to grade 6, inclusive, but no grade higher than grade 6.

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- (f) "Entrée" means a food that is generally regarded as being the primary food in a meal, and shall include, but not be limited to, sandwiches, burritos, pasta, and pizza.
- (h) "Snack" means a food that is generally regarded as supplementing a meal, including, but not limited to, chips, crackers, onion rings, nachos, french fries, donuts, cookies, pastries, einnamon rolls, and candy.
- (g) "Flash fried" means a food item that is quickly fried on both sides in oil with a temperature of 400 degrees Fahrenheit or higher.
- (h) "High school" means a school operated and maintained by a school district or county office of education maintaining any of grades 9 to 12, inclusive.
- (i) "Middle school" means a school operated and maintained by a school district or county office of education that maintains grade 7 or 8, grades 7 to 9, inclusive, or grades 7 to 10, inclusive.
- (j) "Par fried" means a food item that is fried to reach an internal temperature of 160 degrees Fahrenheit then it is cooled to room temperature so that it may be refrigerated or frozen for future frying.
- (k) "School campus" means all areas of the property under the jurisdiction of the school that are accessible to pupils during the schoolday.
- (i) "Deep fried" means a food item is cooked by total submersion in oil or fat.

SB 1169 —4—

(j) "Par fried" means a food item is fried to reach an internal temperature of 160 degrees Fahrenheit then is cooled to room temperature so that it may be refrigerated or frozen for future frying.

- (k) "Flash fried" means a food item is quickly fried on both sides in oil with a temperature of 400 degrees Fahrenheit or higher.
- (l) "Schoolday" means the period from the midnight before to 30 minutes after the end of the official schoolday.
- (m) "Snack" means a food that is generally regarded as supplementing a meal, including, but not limited to, chips, crackers, yogurt, cheese, nuts, seeds, fruit, or vegetables.
- (n) "Sold" means the exchange of food or beverages for money, coupons, vouchers, or order forms, when any part of the exchange occurs on a school campus.
- SEC. 2. Section 49430.5 of the Education Code is amended to read:
- 49430.5. (a) The reimbursement a school receives for free and reduced-price meals sold or served to pupils in elementary, middle, or high schools included within a school district, charter school, or county office of education shall be twenty-two and seventy-one hundredths cents (\$0.2271) per meal, and, for meals served in child care centers and homes, the reimbursement shall be sixteen and ninety-one hundredths cents (\$0.1691) per meal.
- (b) To qualify for the reimbursement for free and reduced-price meals provided to pupils in elementary, middle, or high schools, a school shall follow the Enhanced Food Based Meal Pattern, Nutrient Standard Meal Planning, or Traditional Meal Pattern developed by the United States Department of Agriculture or the SHAPE Menu Patterns developed by the state. meal pattern.
- (c) The reimbursement rates set forth in this section shall be adjusted annually for increases in cost of living in the same manner set forth in Section 42238.1.
- 33 SEC. 3. Section 49430.7 of the Education Code is amended to read:
  - 49430.7. (a) For purposes of this section, the following terms have the following meanings:
  - (1) "School" means a school operated and maintained by a school district or county office of education, or a charter school.
  - (2) "School district" means a school district, charter school, or county office of education.

\_5\_ SB 1169

(3) "Child development program" means a program operated pursuant to Chapter 2 (commencing with Section 8200) of Part 6 of Division 1 of Title 1.

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- (1) "Child development program" means a program operated pursuant to Chapter 2 (commencing with Section 8200) of Part 6 of Division 1 of Title 1.
- (2) "School" means a school operated and maintained by a school district or county office of education, or a charter school.
- (3) "School district" means a school district, charter school, or county office of education.
- (b) As a condition of receipt of funds pursuant to Section 49430.5, commencing with the 2007–08 fiscal year, for meals and food items sold as part of the free and reduced-price meal programs, a school or school district shall comply with all of the following requirements and prohibitions:
- (1) Follow the United States Department of Agriculture (USDA) nutritional guidelines or the menu planning options of Shaping Health as Partners in Education developed by the state (SHAPE California network). *meal pattern*.
- (2) Not sell or serve a food item that has in any way been deep fried, par fried, or flash fried by a school or school district.
- (3) Not sell or serve a food item containing artificial trans fat. A food item contains artificial trans fat if it contains vegetable shortening, margarine, or any kind of hydrogenated or partially hydrogenated vegetable oil, unless the manufacturer's documentation or the label required on the food, pursuant to applicable federal and state law, lists the trans fat content as less than 0.5 gram per serving.
- (4) Not sell or serve a food item that, as part of the manufacturing process, has been deep fried, par fried, or flash fried in an oil or fat that is prohibited by this paragraph. Oils and fats prohibited by this paragraph include, but are not limited to, palm, coconut, palm kernel, *and* lard, typically solid at room temperature and are known to negatively impact cardiovascular health. Oils permitted by this paragraph include, but are not limited to, canola, safflower, sunflower, corn, olive, soybean, peanut, or a blend of these oils, typically liquid at room temperature and are known for their positive cardiovascular benefit.
- (c) Commencing with the 2007–08 fiscal year, for For meals and food items sold as part of the free and reduced-price meal

SB 1169 — 6—

programs, a child development program is encouraged to comply with all of the following guidelines:

- (1) Meet developmentally and programmatically appropriate meal pattern and meal planning requirements developed by the USDA or menu planning options of Shaping Health as Partners in Education developed by the state (SHAPE California network). the United States Department of Agriculture meal pattern.
- (2) Not sell or serve a food item that has in any way been deep fried, par fried, or flash fried by a school, school district, or child development program.
- (3) Not sell or serve a food item containing artificial trans fat. A food item contains artificial trans fat if it contains vegetable shortening, margarine, or any kind of hydrogenated or partially hydrogenated vegetable oil, unless the manufacturer's documentation or the label required on the food, pursuant to applicable federal and state law, lists the trans fat content as less than 0.5 gram per serving.
- (4) Not sell or serve a food item that, as part of the manufacturing process, has been deep fried, par fried, or flash fried in an oil or fat prohibited by this paragraph. Oils and fats prohibited by this paragraph include, but are not limited to, palm, coconut, palm kernel, *and* lard, typically solid at room temperature and are known to negatively impact cardiovascular health. Oils permitted by this provision include, but are not limited to, canola, safflower, sunflower, corn, olive, soybean, peanut, or a blend of these oils, typically liquid at room temperature and are known for their positive cardiovascular benefit.
- (d) The prohibitions and requirements of this section regarding food items sold or served by a school or school district apply to raw bulk USDA commodity foods ordered by schools or school districts and sent to commercial processors for conversion into ready to use end products, but do not apply to other USDA commodity foods until the scheduled 2009 reauthorization of the USDA National School Lunch Program is complete or ingredient and nutrition information is available for all USDA commodity foods, whichever is earlier.

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(d) As a condition of receipt of funds pursuant to Section 49430.5, by no later than June 30, 2008, and annually thereafter, schools and school districts shall provide the department with an

\_7\_ SB 1169

annual certification of compliance with the provisions of this section.

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- (e) This section shall become operative only upon an appropriation for its purposes in the annual Budget Act or another statute.
- SEC. 4. Section 49431 of the Education Code is amended to read:
- 49431. (a) (1)—From—one-half hour the midnight before the start of the schoolday to one-half hour 30 minutes after the end of the official schoolday, at each elementary school, the only—food competitive foods that may be sold to a pupil are—full—meals, individually sold dairy or whole grain foods, and individually sold portions of nuts, nut butters, seeds, eggs, cheese packaged for individual sale, fruit, vegetables that have not been deep fried, and legumes. fruit, vegetable, dairy, protein, or whole grain rich food items; foods with a fruit, vegetable, dairy, protein, or whole grain item as its first ingredient; or combination foods containing at least one-quarter cup of fruit or vegetable; that meets the following standards:
- (2) An individually sold dairy or whole grain food item, and individually sold portions of nuts, nut butters, seeds, eggs, cheese packaged for individual sale, fruit, vegetables that have not been deep fried, and legumes may be sold to pupils at an elementary school, except food sold as part of a USDA meal program, if they meet all of the following standards:

(A)

- (1) Not more than 35 percent of its total calories shall be from fat. This subparagraph paragraph shall not apply to individually sold portions of nuts, nut butters, seeds, eggs, seed butters, reduced-fat cheese or part skim mozzarella cheese packaged for individual sale, fruit, fruits, vegetables that have not been deep fried, or legumes. seafood, or a dried fruit and nut and seed combination.
- (B) Not more than 10 percent of its total calories shall be from saturated fat. This subparagraph shall not apply to eggs or cheese packaged for individual sale.
- (2) Less than 10 percent of its total calories shall be from saturated fat. This paragraph shall not apply to reduced-fat cheese or part skim mozzarella cheese packaged for individual sale, nuts,

SB 1169 —8—

1 nut butters, seeds, seed butters, or a dried fruit and nut and seed 2 combination.

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- (3) Not more than 35 percent of its total weight shall be composed of sugar, including naturally occurring and added sugar. This—subparagraph paragraph shall not apply to—fruit or fruits, vegetables that have not been deep-fried. fried, or a dried fruit and nut and seed combination.
  - (4) Contains less than 0.5 grams of trans fat per serving.
- (5) Contains not more than 200 milligrams of sodium per item, package, or container sold to a pupil.

(D) Not

- (6) Contains not more than 175 200 calories per individual food item.
- (b) An elementary school may permit the sale of food items that do not comply with subdivision (a) as part of a school fundraising event in either of the following circumstances:
- (1) The sale of those items takes place off of and away from school premises.
- (2) The sale of those items takes place on school premises at least one-half hour after the end of the schoolday.
- (c) It is the intent of the Legislature that the governing board of a school district annually review its compliance with the nutrition standards described in this section and Section 49431.5.
- SEC. 5. Section 49431.2 of the Education Code is amended to read:
- 49431.2. (a) From one-half hour the midnight before the start of the schoolday to one-half hour 30 minutes after the end of the official schoolday, snacks sold to a pupil in at each middle school or high school, except food served as part of a USDA meal program, shall school, the only competitive snack foods that may be sold to a pupil are fruit, vegetable, dairy, protein, or whole grain rich food items; foods with a fruit, vegetable, dairy, protein, or whole grain item as its first ingredient; or combination foods containing at least one-quarter cup of fruit or vegetable; that meet all of the following standards:
- (1) Not more than 35 percent of its total calories shall be from fat. This paragraph does not apply to the sale of nuts, nut butters, seeds, <u>eggs</u>, *seed butters*, *reduced-fat* cheese *or part skim mozzarella cheese* packaged for individual sale, fruits, vegetables

-9- SB 1169

that have not been deep fried, seafood, or legumes. a dried fruit and nut and seed combination.

- (2) Not more Less than 10 percent of its total calories shall be from saturated fat. This paragraph-does shall not apply to eggs or reduced-fat cheese or part skim mozzarella cheese packaged for individual-sale. sale, nuts, nut butters, seeds, seed butters, or a dried fruit and nut and seed combination.
- (3) Not more than 35 percent of its total weight shall be composed of sugar, including naturally occurring and added sugars. This paragraph-does *shall* not apply to the sale of-fruits or fruits, vegetables that have not been deep-fried. fried, or a dried fruit and nut and seed combination.
  - (4) Contains less than 0.5 grams of trans fat per serving.
- (5) Contains not more than 200 milligrams of sodium per item, package, or container sold to a pupil.
  - (4) No

- (6) Contains not more than 250 200 calories per individual food item.
- (b) (1) From one-half hour the midnight before the start of the schoolday to-one-half hour 30 minutes after the end of the official schoolday, entrée items sold to a pupil in at each middle school or high-school, except food served as part of a USDA meal program, shall contain no more than 400 calories per entrée, and shall contain no more than 4 grams of fat per 100 calories contained in each entrée. school, a competitive entrée sold by the district food service department the day, or the day after, it is served on the federal National School Lunch Program or federal School Breakfast Program menu shall meet the following standards:
  - (A) Contains not more than 400 calories per entrée item.
- 30 (B) Not more than 35 percent of its total calories shall be from 31 fat.
  - (C) Contains less than 0.5 grams trans fat per serving.
  - (D) Is offered in the same or smaller portion sizes as in the federal National School Lunch Program or federal School Breakfast Program.
  - (2) From the midnight before to 30 minutes after the end of the official schoolday, at each middle school or high school, a competitive entrée sold by the district food service department but not the day, or the day after, it is served on the federal National School Lunch Program or federal School Breakfast Program menu,

SB 1169 — 10—

1 or a competitive entrée sold by any other entity, shall meet the
 2 following standards:
 3 (A) Not more than 35 percent of its total calories shall be from

- 3 (A) Not more than 35 percent of its total calories shall be from 4 fat.
  - (B) Less than 10 percent of its calories shall be from saturated fat.
  - (C) Not more than 35 percent of its total weight shall be composed of sugar, including naturally occurring and added sugar.
    - (D) Contains less than 0.5 grams of trans fat per serving.
    - (E) Contains not more than 480 milligrams of sodium.
    - (F) Contains not more than 350 calories.
  - (c) A middle school or high school may permit the sale of food items that do not comply with subdivision (a) or (b) in any of the following circumstances:
  - (1) The sale of those items takes place off of and away from school premises.
  - (2) The sale of those items takes place on school premises at least one-half hour after the end of the schoolday.
  - (d) It is the intent of the Legislature that the governing board of a school district annually review its compliance with the nutrition standards described in this section.
  - SEC. 6. Section 49431.5 of the Education Code is amended to read:
  - 49431.5. (a) (1) Regardless of the time of day, only the following beverages may be sold to a pupil at an elementary school: From the midnight before to 30 minutes after the end of the official schoolday, at each elementary or middle school, the only competitive beverages that may be sold to a pupil are the following:
  - (A) Fruit-based drinks that are composed of no less than 50 percent fruit juice and have no added-sweetener. sweetener in a maximum serving size of eight fluid ounces for elementary school or 12 fluid ounces for middle school.
  - (B) Vegetable-based drinks that are composed of no less than 50 percent vegetable juice and have no added-sweetener. sweetener in a maximum serving size of eight fluid ounces for elementary school or 12 fluid ounces for middle school.
  - (C) Drinking-Plain drinking water with no added-sweetener. sweetener or flavor.
- 39 (D) One-percent-fat *unflavored* milk, nonfat *flavored or* 40 *unflavored* milk, soy milk, rice milk, and other similar nondairy

-11- SB 1169

milk. milk in a maximum serving size of eight fluid ounces for elementary school or 12 fluid ounces for middle school.

- (E) No beverage may contain caffeine with the exception of trace amounts of naturally occurring caffeine substances.
- (2) An elementary school *or middle school* may permit the sale of beverages that do not comply with paragraph (1) as part of a school fundraising event in either of the following circumstances:
- (A) The sale of those items takes place off and away from the premises of the school.
- (B) The sale of those items takes place on school premises at least one-half hour after the end of the schoolday.
- (3) From—one-half hour the midnight before—the start of the schoolday to one-half hour to 30 minutes after the end of the official schoolday, only the following beverages may be sold to a pupil at a middle school or at each high-school: school, the only competitive beverages that may be sold to a pupil are the following:
- (A) Fruit-based drinks that are composed of no less than 50 percent fruit juice and have no added-sweetener. sweetener in a maximum serving size of 12 fluid ounces.
- (B) Vegetable-based drinks that are composed of no less than 50 percent vegetable juice and have no added-sweetener. sweetener in a maximum serving size of 12 fluid ounces.
- (C) Drinking Plain drinking water with no added sweetener. sweetener or flavor.
- (D) One-percent-fat *unflavored* milk, nonfat *flavored* or *unflavored* milk, soy milk, rice milk, and other similar nondairy milk. milk in a maximum serving size of 12 fluid ounces.
- (E) Other beverages that are labeled to contain less than five calories per eight fluid ounces in a maximum serving size of 20 fluid ounces.
- (F) Other beverages that are labeled to contain no more than 40 calories per eight fluid ounces in a maximum serving size of 12 fluid ounces.
- (G) Beverages labeled or commonly referred to as sodas, colas, or soft drinks are not allowed.
- (H) No beverage may contain caffeine with the exception of trace amounts of naturally occurring caffeine substances.
- 38 (4) A<del>-middle school or</del> high school may permit the sale of 39 beverages that do not comply with paragraph (3) as part of a school

SB 1169 — 12 —

1 event if the sale of those items meets either of the following 2 criteria:

- (A) The sale of those items takes place off and away from the premises of the school.
- (B) The sale of those items takes place on school premises at least one-half hour after the end of the schoolday.
- (b) It is the intent of the Legislature that the governing board of a school district annually review its compliance with this section.
- (c) Notwithstanding Article 3 (commencing with Section 33050) of Chapter 1 of Part 20 of Division 2, compliance with this section may not be waived.
- SEC. 7. Section 49431.7 of the Education Code is amended to read:
  - 49431.7. (a) From-one-half hour the midnight before the start of the schoolday to-one-half hour 30 minutes after the end of the official schoolday, a school or school district shall not sell to pupils enrolled in kindergarten, or any of grades 1 to 12, inclusive, food containing artificial trans fat, as defined in subdivision (b).
  - (b) For purposes of this section, a food contains artificial trans fat if a food contains vegetable shortening, margarine, or any kind of partially hydrogenated vegetable oil, unless the manufacturer's documentation or the label required on the food, pursuant to applicable federal and state law, lists the trans fat content as less than 0.5 grams of trans fat per serving.
  - (c) This section shall not apply to food provided as part of a USDA United States Department of Agriculture meal program.
  - SEC. 8. Section 49432 of the Education Code is amended to read:
- 49432. Every public school may post a summary of nutrition and physical activity laws and regulations, and shall-post the school district's nutrition and physical activity policies, in public view within all school cafeterias or other central eating areas. inform the public about the content of the school's local school wellness policy, established pursuant to the federal Healthy, Hunger-Free Kids Act of 2010 (Public Law 111-296), and make the local school wellness policy and any updates to the policy available to the public on an annual basis. The department shall develop the summary of state law and regulations.
- SEC. 9. No reimbursement is required by this act pursuant to Section 6 of Article XIIIB of the California Constitution because

-13- SB 1169

this act implements a federal law or regulation and results in costs
mandated by the federal government, within the meaning of Section
17556 of the Government Code.

However, if the Commission on State Mandates determines that this act contains other costs mandated by the state, reimbursement to local agencies and school districts for those costs shall be made pursuant to Part 7 (commencing with Section 17500) of Division

3 4 of Title 2 of the Government Code.

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